



# भारतीय खो खो संघ Kho Kho Federation of India

Affiliated to : Asian Kho Kho Federation, International Kho Kho Federation & Indian Olympic Association  
Recognised by Ministry of Youth Affairs & Sports, Govt. of India

OFFICE ADDRESS: B-1, Basement, Dhawandeep Bldg., 6, Jantar Mantar Road, New Delhi 110001  
Resi: Atlanta Hospital, Sec-14, Vasundhara, Near Atal Chowk, Ghaziabad, Uttar Pradesh  
E-mail ID : khokhoindia2017@gmail.com website: www.khokhofederation.in

**PRESIDENT**  
**SUDHANSHU MITTAL**  
MOB : 9811034338

**TREASURER**  
**BHUPINDER SINGH TIRTHI**  
MOB : 9419162383

**GENERAL SECRETARY**  
**M.S.TYAGI**  
MOB : 9999010236

**F.No:** 3-3/KKFI/SA/2019/20/

**Dated:** 10.09.2020

To,

The President/Secretary  
All affiliated State Kho Kho Associations/UTs/Units of  
Kho Kho Federation of India

**Sub: Advisory for Resumption of Kho Kho Coaching & Physical Training Activities – thereof.**

Dear Sir/Ma'am,

As you are aware that all the Sporting activities were halted after the government imposed a nationwide lockdown since March 2020 to restrict the spread of the nCOVID-19 pandemic. I am sure that you will agree that this never lasting period has been of tremendous stress, introspection and reflection for all of us.

Now, that we are well beyond more than 05 (five) months of lockdown and the Union Home Ministry has also came-out with the Unlock 4 guidelines (released on 29<sup>th</sup> Aug 2020), it is necessitated by the circumstances with adoption of futuristic approach that we all need to brace the change and adopt a different approach towards resumption of Kho Kho Coaching & Physical Training Activities.

It is also pertinent to mention here that during the General Council Meeting of the Kho Kho Federation of India (KKFI) held via Video Conferencing on 1<sup>st</sup> Aug 2020 at New Delhi, the Standard Operating Procedure (SOP) for resumption of Sports Activities i.r.o. Kho Kho (enclosed below for ready reference) was circulated among the all affiliated State Kho Kho Associations / UTs / Units of KKFI and recommended that the same be followed by all the stakeholders including players, coaches, support staff, admin staff etc. after uplift of lockdown due to nCOVID-19 outbreak.

The central theme of the SOP revolved around following the government issued guidelines during the nCOVID-19 pandemic and it emphasises the Health Ministry guidelines of social distancing, wearing a mask, washing hands regularly and maintaining personal hygiene be followed. The salient features of the SOP to be followed by all stakeholder at the training centres are as follows:

- The SOP must comply the Govt. guidelines and when it has any contradiction, the Govt. procedure will be given precedence.
- A No Objection Certificate from the local authorities is a must before the implementation of SOP and it can be customized according to the local conditions.
- The resumption will be a graded one and in keeping with the safety and health of the players.
- The education of all stakeholders including players about the seriousness of the disease and the measures to be taken for prevention is a prerequisite for the resumption of the activities.
- Pre-training procedures to be followed, includes putting in place an nCOVID-19 Task Force\*, deputing a hygiene officer, and disinfection of the premises.
- Sanitization protocols should be followed by all stakeholders.
- Precaution measures will start from the entry gate of the facility itself.



Contd..2/-

- viii) Regular medical checkups of players, and maintaining sickness data of players is important.
- ix) Proper use of Aarogya Setu App, which is mandatory for all players and staff.
- x) Players should not share their personal belongings and equipment, and avoid socializing.
- xi) All Sports Equipment like, Mats / Poles etc. be sanitized pre and post every use.

The nCOVID-19 Task Force, shall include the Chief Coaching staff from every State/ UT/ District Kho Kho Association, and be constituted at each training centre to guide and monitor the trainees and staff following SOP for resumption of Sports Activities. The General Secretary / Secretary / Centre In-Charge of State Kho Kho Associations / UTs / Units will be the ex-Officio Chairman of the nCOVID-19 Task Force and is responsible for overall implementation of the protocols outlined as per SOP.

This is for your kind information & further necessary action, please.

Thanking you,

Yours sincerely,

Encls.: As above.



(M. S. Tyagi)  
General Secretary  
Kho Kho Federation of India

10/9/2020

**Copy for information to:**

- i) President, Kho Kho Federation of India
- ii) Web Administrator, for upload on KKFI Website.